

# QHA Procedure: Elective Cosmetic Surgery

*Setting: Outpatient/Inpatient (Revised 07/28/93; Medicaid 03/09)*

- I. TYPES OF PROCEDURES: (Other procedures that are considered to be cosmetic may not be present but must conform to the criteria provided.)
  - A. Rhinoplasty
  - B. Mammoplasty
  - C. Cosmetic Reconstruction
  - D. Ear Tuck
- II. RATIONALE FOR ADMISSION:
  - A. Documentation of severity of the medical condition (trauma, congenital) necessitating surgical intervention.
  - B. Ear Tuck: There are no valid medical indications except in the case of severe congenital abnormalities in which the ability to function in a normal fashion is altered.
  - C. Breast Reconstruction:
    - 1. Pendulous breasts requiring resections are subject to the parameters of the Schnur scale. Complete the attached worksheet and return to NDHCRI with the additional documentation required.
    - 2. Associated medical problems such as back pain, shoulder pain, chronic skin breakdown in the infra mammary area. **Documentation of this must be present in order for approval of the procedure.**
    - 3. Deformities: hypermastia, ptosis, asymmetry.
    - 4. Postmastectomy must document medical indication for mastectomy.
  - D. Rhinoplasty: Airway obstruction (tumor, bone).
- III. VALIDATION OF DIAGNOSIS: (This information must be documented in the medical record.)
  - A. Severity of the medical indication for the procedure.
  - B. Formal consent.
  - C. Clinical stability of the patient (i.e., preop evaluation, consultations).
  - D. Operative report.
  - E. Pathology report.
  - F. Utilization of appropriate medical management associated with the patient=s condition (labs, x-ray, etc.).
- IV. DISCHARGE STATUS:
  - A. Afebrile (temperature under 101 degrees F 24 hours prior to discharge).
  - B. Ability to ingest fluids/foods.
  - C. Documented discharge instructions with patient/family understanding.