

# QHA Breast Reduction Worksheet

Patient Name: \_\_\_\_\_ Medicaid #: \_\_\_\_\_

Height (inches): \_\_\_\_\_ Weight (pounds): \_\_\_\_\_

Step One: Body Surface Area (BSA), m<sup>2</sup>

Formula:

$$\sqrt{\frac{\text{Height (inches)} \times \text{Weight (pounds)}}{3131}} = \text{Patient BSA } \underline{\hspace{2cm}}$$

Step Two: Tissue to be Removed from Breasts

- A. If BSA (m<sup>2</sup>) ≤ 1.74, a minimum average weight of 400 grams from two breasts is required.
- B. If BSA (m<sup>2</sup>) ≥ 1.75, refer to the Schnur Scale for minimum average weight from two breasts.

Example: If the patient's BSA is 1.80, 882 grams of breast tissue from two breasts is the minimum average weight required to be removed.

**Average minimum weight of tissue to be removed from patient's two breasts:** \_\_\_\_\_

Schnur Scale: Body Surface Area (BSA) and Weight of **Single** Breast Tissue Removed

Body Surface Area (BSA)	Weight of Single Breast Tissue Removed in Grams
1.75	404
1.80	441
1.85	482
1.90	527
1.95	575
2.00	628
2.05	687
2.10	750
2.15	819
2.20	895
2.25	978
2.30	1068
2.35	1167
2.40	1275
2.45	1393
2.50	1522
2.55	1662