QHA Procedure: Elective Cosmetic Surgery

Setting: Outpatient/Inpatient (Revised 07/28/93; Medicaid 03/09)

I. TYPES OF PROCEDURES: (Other procedures that are considered to be cosmetic may not be present but must conform to the criteria provided.)

A. Rhinoplasty
B. Mammoplasty
C. Cosmetic Reconstruction
D. Ear Tuck

II. RATIONALE FOR ADMISSION:

A. Documentation of severity of the medical condition (trauma, congenital) necessitating surgical intervention.
B. Ear Tuck: There are no valid medical indications except in the case of severe congenital abnormalities in which the ability to function in a normal fashion is altered.
C. Breast Reconstruction:
   1. Pendulous breasts requiring resections are subject to the parameters of the Schnur scale. Complete the attached worksheet and return to NDHCRI with the additional documentation required.
   2. Associated medical problems such as back pain, shoulder pain, chronic skin breakdown in the infra mammary area. **Documentation of this must be present in order for approval of the procedure.**
   3. Deformities: hypermastia, ptosis, asymmetry.
   4. Postmastectomy must document medical indication for mastectomy.
D. Rhinoplasty: Airway obstruction (tumor, bone).

III. VALIDATION OF DIAGNOSIS: (This information must be documented in the medical record.)

A. Severity of the medical indication for the procedure.
B. Formal consent.
C. Clinical stability of the patient (i.e., preop evaluation, consultations).
D. Operative report.
E. Pathology report.
F. Utilization of appropriate medical management associated with the patient=s condition (labs, x-ray, etc.).

IV. DISCHARGE STATUS:

A. Afebrile (temperature under 101 degrees F 24 hours prior to discharge).
B. Ability to ingest fluids/foods.
C. Documented discharge instructions with patient/family understanding.