

Your Daily Routine . . .

Your family and friends can call you directly. Your number is posted on your room wall.

To make local calls dial 9, then the desired phone number.

1. Every morning at approximately 7:30 a.m. your vitals, pulse, oxygen saturation, respirations and temperature will be taken.
2. The daily lab work (drawing blood, etc.) is usually done between 7a.m. and 7:30a.m.
3. Bedside reporting will be done in patients room at 7 a.m. and 7 p.m. This is when the nurses change shifts.
4. Hourly Rounding will be done every 1 hour between 6 a.m. and 10 p.m. Rounding is done every 2 hours at night.
5. If your provider has ordered you to be weighed daily, this will be done at 6a.m.
6. Breakfast trays are served at 7a.m.
7. At approximately 8:00 a.m. the provider will be making rounds. If you are Swing Bed you will see the Provider weekly (more often if needed).
8. In the morning you will be offered assistance with bathing, shaving, oral care and straightening up your Bed and Room.
9. If your provider has ordered any kind of physical therapy, the therapist will be into your room to work with you.
10. Throughout the day your vital signs will be taken depending on how often your provider has ordered them.
11. Dietary staff may stop to discuss your menu for the following day.
12. Lunch trays are served from 11 a.m.—11:15 a.m.
13. Nursing, Pastoral Care and Activities Staff will be in throughout the afternoon.
14. Between 5:00 p.m.—5:15 p.m. your supper tray will arrive.
15. Between 8:00 p.m. and 10:00 p.m. the nursing staff will assist you as needed to make you comfortable for the night. Snacks will also be offered.
16. We don't intentionally want to wake you at night, but . . . If you need IV medications, or need frequent vital sign checks, or other nursing care, the nursing staff will be in more often during the night.
17. Sometimes your provider will order that we measure your Intake & Output.
18. Pain medication is not given routinely. If you have pain, please ask your nurse. The provider usually orders the pain medication to be given every 3—6 hours, depending on your condition.
19. Make sure your nurse tells you about the medications they are giving you. Ask any questions you may have about your medications.
20. If you have a problem, concern or question that is not being answered, please ask to talk to the charge nurse or Case Manager.
21. Remember Presentation Medical Center is a smoke-free hospital!
22. Encourage your family or caregiver to visit and learn about your condition and any help you may need at home.
23. When you are ready to leave the hospital a wheelchair ride is available to those who need or desire it.